

BOOST YOUR IMMUNE SYSTEM

Research scientifically measuring a variety of immune system activities has consistently shown that Chiropractic adjustments improve immune function.

As such there are three important things to know:

- a) If you have an infection; don't cancel your appointment: Many clients are pleasantly surprised when their recovery is significantly improved and accelerated after an adjustment.
- b) If you develop an infection in between check-ups then bring your appointment forward to benefit from an immune kick-start.
- c) If you have only recently started under chiropractic care and develop signs of an infection; try to avoid taking relieving drugs or antibiotics where possible and keep up your initial series of adjustments. This immune reaction may actually be a sign of your immune system being reawakened.

**THE NERVE SYSTEM
CONTROLS AND
REGULATES EVERY
CELL IN
EVERY BODY**



**CHIROPRACTIC
ADJUSTMENTS
IMPROVE
NERVE FUNCTION**